



**Celebrating International Women's Day
Friday 8th March 2019
9am – 1pm, The Royal Kings Arms Hotel, Lancaster**

Event itinerary

- 9am -** Registration
- 9.30am -** Opening address – Vicky Lofthouse, CEO of Lancaster & District Chamber of Commerce – Announcing Aspire & Inspire programmes.
- 9.40am -** Panel debate – Chaired by Wendy Bowers
Panellists include
- **Nikki Hesford**, Managing Director of Hesford Media Ltd
 - **Professor Dame Sue Black**, Pro-Vice-Chancellor (Engagement) at Lancaster University.
 - **Colonel Rosie Stone**, Deputy Commander (RESERVES).
 - **Charlotte Rawes**, Director of Apprenticeships and Employer Engagement at Lancaster & Morecambe College.
 - **Caroline Rayner**, Partner, Baines Wilson LLP
- 10.30am -** Networking Break
- 10.50am -** Guest Speaker – Nikki Hesford, Hesford Media
- 11.30am -** 'Now-ness is the truest form of Sanity' Workshop – Wendy Bowers, Role
- 12pm -** Lunch
- 1pm -** Close

International Women's Day 2019 campaign theme: #BalanceforBetter

The future is exciting. Let's build a gender-balanced world. Everyone has a part to play - all the time, everywhere.

From grassroots activism to worldwide action, we are entering an exciting period of history where the world expects balance. We notice its absence and celebrate its presence.

Balance drives a better working world. Let's all help create a **#BalanceforBetter**.